KEY CONCEPT All cells need chemical energy.



- The chemical energy used for most cell processes is carried by ATP.
 - Molecules in food store chemical energy in their bonds.



- ATP transfers energy from the breakdown of food molecules to cell functions.
 - Energy is released when a phosphate group is removed.
 - ADP is changed into ATP when a phosphate group is added.



- Organisms break down carbon-based molecules to produce ATP.
 - Carbohydrates are the molecules most commonly broken down to make ATP.
 - not stored in large amounts adenosine
 - up to 36 ATP from one glucose molecule



tri=3

di=2

- Fats store the most energy.
 - 80 percent of the energy in your body
 - about 146 ATP from a triglyceride
- Proteins are least likely to be broken down to make ATP.
 - amino acids not usually needed for energy
 - about the same amount of energy as a carbohydrate

MOLECULE	ENERGY
Carbohydrate	4 calories per mg
Lipid	9 calories per mg
Protein	4 calories per mg

- A few types of organisms do not need sunlight and photosynthesis as a source of energy.
 - Some organisms live in places that never get sunlight.
 - In chemosynthesis, chemical energy is used to build carbon-based molecules.
 - similar to photosynthesis
 - uses chemical energy instead of light energy

